

### Resources for Students with Children

#### **LACTATION SUPPORT**



Mississippi State University provides reasonable break time to express breast milk as well as provision of an appropriate location to express breast milk. These rooms will be available from 8 a.m.-5 p.m., Monday-Friday; excluding special events and holidays. The Colvard Student Union and The Welcome Center/Cullis Wade Depot will be available during most game day events on campus.

#### **LACTATION SUPPORT ROOMS:**

Allen Hall - Room 445

**Lloyd Ricks Watson – Room 110** access key from room 120

Cullis Wade Depot / Welcome Center 2nd floor – Room 2103

access key from receptionist on first floor or by registered ID

Colvard Student Union - Room 226

access key from Reservations Desk on the 2nd floor or by registered ID

**Thompson Hall – Room 128** access key from desk in room 110

**Humphrey Coliseum - Room 383** 

Mitchell Memorial Library – Room 3203

The Wise Center - Room L3017

located in the library, access key at front desk

Memorial Hall – Room 113

open weekdays 7 a.m.-5:30 p.m.

**Bost Extension Center – Room 102-A**past the office of Agricultural Communications

Franklin Center – Room 201

access key from room 205

YMCA Building – Room 1230

enter through the first floor women's restroom

#### **FOOD SECURITY NETWORK**

The Mississippi State University Food Security Network (FSN) connects students in need to food resources within the community. Bully's Pantry provides free nutritious foods, toiletries, and other household items.



For more information, contact:

Dean of Students Office

662.325.3611 | students.msstate.edu

Bully's Pantry: In-Person Shopping

120 Morgan Ave. Mississippi State, MS 39762 Scan QR Code for current store hours



#### **CHILD DEVELOPMENT & FAMILY STUDIES CENTER**

The Child Development and Family Studies Center is the child-study laboratory for the School of Human Sciences. Children ages 6 to 8 weeks — with first required immunizations — to 4 years old or kindergarten eligible are enrolled in 11 classes. There are individually fenced playgrounds with developmentally appropriate equipment for the children and a center garden, in which children participate in growing their own food for classroom tasting.

501 College View Street; Starkville, MS 39759 • <a href="https://humansci.msstate.edu/cdfsc/">humansci.msstate.edu/cdfsc/</a>

# Community Resources for Students with Children

# EDUCATIONAL SUPPORT SERVICES /

#### **Discovery Center**

Housed at Emerson School 1504 Louisville Street Starkville, MS 39759

starkvillesd.com/discoverycenter

P: 662.615.0033



Offers a variety of lifelong learning experiences designed to encourage and support strong healthy families. Programs include library, educational toys and materials, workshops, special classes, mentoring, preschool assessment, counseling, and home visits. Financial Counseling is offered through the Financial Peace workshop which discusses credit cards, debt, loans, and how to restore/repair credit. Active Parenting, Anger Management, and CPR certification are also offered.



#### Warm Neighbor Program

4-County Electric Power Association 5265 South Frontage Road Columbus, MS 39701 200 North Lafayette Street Starkville, MS 39759

4county.org



Provides one time per year emergency energy assistance for members. The special services offered are budgeted billing, bank draft, life support system alert, golden priority club, home energy audits, and speaker's bureau. Please apply at the Salvation Army or Helping Hands.

#### **Christian Friends Society**

206 West Park St. Louisville, MS 39339

P: 662.773.9319

Food assistance, utility bill assistance, Christmas box program, and thrift shop are provided to low-income households.

#### Prairie Opportunity, Inc.

501 Hwy 12 West, Suite 110 Starkville, MS 39759

P: <u>662.323.3397</u>

122 North Jackson Street West Point, MS 39733

P: 662.494.4862

prairieopp.dudaone.com

A nonprofit organization serving people in the Golden Triangle area with the mission of promoting self-sufficiency for low-income households.

# SERVICES CO

#### Mississippi State Department of Health

WIC Food Distribution Center <u>msdh.ms.gov</u>



#### United Way 211 Mississippi Helpline

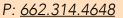
Dial 211 or <u>1(800).472.8265</u> <u>myunitedway.com/211</u>



Provides supplemental food/nutrition education, immunizations, and child health screenings at the Mississippi State Department of Health Clinic.

#### Starkville Strong

109 S Lafayette Street Starkville, MS 39759 starkvillestrong.org





Provides a support system and continuum of care to Starkville residents that will improve the chances of finding and maintaining stability. Efforts within the community focus on those at risk of becoming homeless and/or those who are homeless currently. Seven pantries are facilitated throughout the community and are open for pick-up 24-7.

#### St. Joseph Food Pantry

607 University Drive Starkville, MS 39759

P: <u>662.323.2257</u>



Distributes free food on the 1st and 3rd Saturday of every month to needy families. Food is distributed from 9-11 a.m. One-time registration required along with proof of income and social security cards for everyone in the household.

Information and referrals for individuals seeking emergency food and clothing, utility and rent assistance, shelter/housing, vision and hearing services, support groups, job services, volunteer opportunities, counseling, etc.

### Mississippi Regional Housing Authority IV

2845 S Frontage Road Columbus, MS 39701 P: 662.327.0136



Aids in renting safe and sanitary housing for low-income families. Applicants must be at least 21 years of age. Counties served: Carroll, Chickasaw, Clay, Grenada, Lowndes, Montgomery, Oktibbeha, Webster, and Winston.

#### Casserole Kitchen

105 N Montgomery Street Starkville, MS 39759

P: <u>662.323.3483</u>

casserolekitchen21@gmail.com

A partnership of local churches to prepare and serve food for members of the community. Meals are served in The Episcopal Church of the Resurrection Parish Hall Tuesdays and Thursdays at 6 p.m. and Saturdays at 11:30 a.m.

#### Peter's Rock Food Pantry

121 Dr. Martin Luther King Drive Starkville, MS 39759

P: 662.615.4493 or 662.615.4001



Provides food for the elderly, low income, and homeless. An application can be completed at Peter's Rock Church.

## -\/→ HEALTH & WELL-BEING SERVICES •

#### **Division of Medicaid**

313 Industrial Park Road Starkville, MS 39759

P: <u>662.323.3688</u>

603 Leigh Drive Columbus, MS 39705

P: <u>662.329.2190</u> <u>medicaid.ms.gov</u>



Responsible for determining Medicaid eligibility for Mississippi's elderly and disabled population whose income is over the SSI limit but below the poverty level. Eligibility is also determined for families with children and the CHIP coverage.

# Golden Triangle Planning and Development District

106 Miley Road Starkville, MS 39759 P: 662.324.7860

atpdd.com



Nonprofit economic development organization that aims to provide a single-system plan programming efforts with a regional approach. Childcare assistance is available based on income and not currently receiving TANF.

#### **CONTACT Hotline**

P.O. Box 1304 Columbus, MS 39703 P: <u>662.323.HELP</u> (4357)



contacthelplinegtrms.org

Provides community information/referral services and serves as a crisis intervention listening service. CONTACT Helpline works with Community Counseling Services, Inc. to provide emergency mental health services and telephone reassurance to citizens in the community.

#### Counties include:

Lowndes, Clay, Oktibbeha, Winston, Webster, Noxubee, Choctaw and Monroe.

#### Oktibbeha County Health Department

203 Yeates Street Starkville, MS 39759

Promotes and protects the health of the citizens of Mississippi. Everyone is eligible. Medicaid screenings, WIC information, pregnancy testing, referrals, and health screenings.

#### **Arc of Lowndes County**

P.O. Box 5387 Columbus, MS 39704 P: 662.245.1323

arclowndescounty@gmail.com

A nonprofit dedicated to parents, professionals, volunteers, and providers concerned with the well-being of children and adults with developmental disabilities. IEP planning and assistance, special education advocacy, resource and referral information, legislative awareness, and sexual abuse awareness.

#### Community Counseling Services, Inc.

Region 7 Community Mental Health Center www.ccsms.org

Counties Served: Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, and Winston

Clay County | P: <u>662.573.3713</u>

337 Court Street, West Point, MS 39773

Lowndes County | P: <u>662.328.9225</u> 1001 Main Street, Columbus, MS 39701

Oktibbeha County | P: <u>662.323.9318</u>

302 North Jackson Street, Starkville, MS 39759

Noxubee County | P: <u>662.726.5042</u>

200 W Martin Luther King Drive, Macon, MS 39341